ELDER CARE ASSISTANT

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Competency Standards Code: N85s016.0
Source: National Competency Standard

National Certificate at NVQ Levels in the occupation of Care Giver will be awarded to those who are competent in
units1+2+3+4+5+6+7 (N85S016Q1L2)- **NVQ level 2**



NAITA

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NAITA

Unit of competency	Elements /Task
01. Introduction to aging process and common issues in caring elderly persons U01	1.1 Communicate effectively with the Elder
	1.2 Identify health problems and needs of the Elder
2. Develop an Empathetic outlook U02	2.1 Provide companionship and empathetic counseling support for the Elder
	2.2 Improve social and spiritual life/well-being of the Elder
3. Assist in the self-care tasks U03	3.1 Maintain personal hygiene of the Elder
	3.2 Assist in more complicated tasks of an elderly person's life (Instrumental Activities of Daily life)
4. Assist in more complicated tasks of an elderly person's life (Instrumental Activities of Daily life) U04	4.1 Support managing household finances
	4.2 Support handling transport of the elder
	4.3 Support shopping, telephoning and housekeeping
5. Detect early features of illness and promote wellbeing. U05	5.1 Basic awareness about NCD s, CD s and planning the care for Elders
	5.2 Get familiar and identify normal and abnormal changes in Elders
6. Developing Cognitive Skills related to care giver profession U06	6.1 Provide comfort, spiritual support and happy environment
	6.2 Therapeutic support for the elder to be active